

COVID-19 Personal Protective Equipment: Doffing Step by Step

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Doffing Step 1: Perform Hand Hygiene

- Perform hand hygiene on the patient care gloves for a minimum of 20 seconds or until the hand sanitizer is dry



Doffing Step 2: Doff Gown

- Carefully untie the gown at the waist and neck
- Doff the gown folding the outside of the gown tightly inward into a ball to contain the contaminated side
- Once your gown is contained, separate the gown from the gloves and place gently into the linen hamper



Doffing Step 3: Doff Gloves

- Remove the gloves utilizing “glove in glove” technique
 - Take your dominant hand and pinch the palm of the non-dominant hand and remove glove
 - Ball the removed glove into the hand of the remaining glove
 - Slide pointer finger of the free hand under the cuff of the remaining glove and remove
 - Place gently into the waste



Doffing Step 4: Exit Patient Room

- Ensure that the door closes behind you



Doffing Step 5: Perform Hand Hygiene

- Perform Hand Hygiene for a minimum of 20 seconds or until the hand sanitizer is dry



Doffing Step 6: Don Clean Gloves

- New gloves are donned in order to handle the disinfectant wipes safely



Doffing Step 7: Use disinfectant wipe to clean surface for face shield or eye protection

- Wipe a clean surface with an EPA approved disinfectant wipe
- The surface must remain wet for the appropriate wet time

Doffing Step 8: Doff Face Shield or Eye Protection

- To remove it, bend slightly forward and grasp the elastic headband on both sides of your head and pull it forward



Doffing Step 9: Disinfect Face Shield or Eye Protection

- Once your face shield has been removed, grab a EPA approved disinfectant wipe and disinfect the surface of the Face Shield
- The surface must remain wet for the appropriate wet time
- Place clean face shield with the strap facing down and the shield facing upward



Doffing Step 10: Perform Hand Hygiene

- Perform Hand Hygiene on patient care gloves for a minimum of 20 seconds or until the hand sanitizer is dry



Doffing Step 11: Doff N95 (*Perform this step only if you are not extending the user of your N95. If you are extending the use of the N95, proceed to step 12.*)

- After extended use of N95, lean near area where brown bag for UV decon is located and remove N95 one strap at a time
- First remove the bottom strap with both hands and let dangle
- Then remove the top strap of N95 with both hands and place gently into the trash

(Gloves should still be on; not shown in picture)



Doffing Step 12: Doff Gloves

- Remove the gloves utilizing glove in glove technique (Need image of this with no gown on)



Doffing Step 13: Perform Hand Hygiene

- Perform hand hygiene for a minimum of 20 seconds or until the hand sanitizer is dry



Doffing Step 14: Place cleaned face shield in dedicated area

- After the face shield has undergone the required wet time, place the disinfected face shield in its dedicated clean area for reuse

